



PARMITA EDUCATION SOCIETY

MODERN COLLEGE

OF COMPUTER SCIENCE & INFORMATION TECHNOLOGY

Reg. No. F-11895/"A'Bad"

(Affiliated to Dr. B.A.M.U. University, Aurangabad)

MCCSIT/Event 2019

Date: 13 August 2019

CIRCULAR

Dear Students & Staff Members,

We are pleased to announce the "Road Safety Oath-Taking Ceremony" organized by our dedicated Student Forum. This important event is scheduled for 17th August 2019 at 09:00 AM.

Join us in taking a pledge for responsible driving and road safety. Let's make our roads safer for everyone.

Thank you for your commitment to promoting road safety.

Kwaghmare
Sincerely,

Principal
i/c Principal
Modern College of Computer Science & I.T.,
Aurangabad.



Road Safety Oath- Taking Ceremony



Organized By

Modern College

Of Computer Science & Information Technology
(Affiliated to Dr. B.A.M.U. University, Aurangabad)

Date : 17 August 2019

Time : 09.00 AM

+91 93106 66657

Sahjivan Colony,
Samarth Nagar,
Aurangabad,
Maharashtra - 431001



Kishor Mehta
I/C Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Reg. No. F-11895/"A'Bad" (Affiliated to Dr. B.A.M.U. University, Aurangabad)

Student Forum

ORGANIZATION OF 'ROAD SAFETY' PROGRAMME

Basic Details: 'ROAD SAFETY' Programme



Date	Faculty	Department/committee	Coordinator Name & Phone no.
17 th August 2022	Dr Asmita S Salve	Dr Asmita S Salve	7758015602
	Dr Sonal Ubale	Dr Sonal Ubale	
	Prof Pradya Sonwane	Prof Pradya Sonwane	

Topic/ Subject of the activity	'Road Safety' Programme
Objective for conducting the Activity	<ul style="list-style-type: none">• To raise awareness among students and the wider community about the importance of road safety, responsible driving, and adherence to traffic rules.• To inspire participants to adopt safer driving habits and follow traffic regulations, reducing the risk of accidents and promoting responsible road behaviour.• To instil a sense of civic responsibility among students, motivating them to actively contribute to making roads safer for everyone.• To encourage participants to take a formal pledge or oath, publicly committing to prioritize road safety and act as responsible drivers and pedestrians.• To contribute to a decrease in road accidents, injuries, and fatalities by fostering a culture of road safety and responsible driving within the college community.• To engage students and the community in a collective effort to improve road safety, creating a sense of unity and shared responsibility.

Kaay h mare
H.C. Principal
Modern College of Computer Science & I.T.,
Aurangabad.





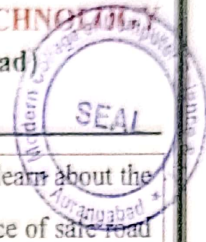
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	<ul style="list-style-type: none">• To provide an educational platform for students to learn about the consequences of reckless driving and the importance of safe road practices.• To inspire others in the community to join the movement for road safety and take the pledge to be responsible road users.• To initiate a long-lasting change in behavior, where participants continue to prioritize road safety and encourage others to do the same.
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Outcome	<ul style="list-style-type: none">• Participants gain a heightened awareness of road safety issues, including the importance of following traffic rules and practicing safe driving habits.• The ceremony inspires participants to adopt safer driving and pedestrian behaviors, reducing the likelihood of accidents and promoting responsible road use.• Participants take a formal pledge to prioritize road safety and adhere to traffic regulations, publicly committing to being responsible road users.• The initiative contributes to a decrease in road accidents, injuries, and fatalities as participants actively implement safer road practices.• Participants develop a strong sense of civic responsibility towards making roads safer for themselves and their communities.• The ceremony fosters a sense of community engagement, as individuals come together to promote road safety and act as advocates for responsible driving.
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K. S. Jadhav
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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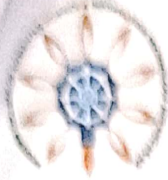


Photos: Road Safety Oath Taking Ceremony

K. Kulkarni
Principal

Modern College of Computer Science & I
Aurangabad.





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OF COMPUTER SCIENCE & INFORMATION TECHNOLOGY

Reg. No. F-11895/"A' Bhd"

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ACTIVITY ORGANISED REPORT

ACADEMIC YEAR 2019-2020

Report on Road Safety Oath-Taking Ceremony Programme



Executive Summary:

The "Road Safety Oath-Taking Ceremony," organized by the Student Forum of Modern College of Computer Science and Information Technology on 17th August 2022 at 09:00 AM, was a significant event dedicated to promoting road safety awareness and encouraging responsible driving behaviours among students and the college community.

Programme Details:

Date and Time: 17th August 2022, 09:00 AM

Objective: To raise awareness about road safety, inspire behavioural change, and foster a commitment to responsible driving through an oath-taking ceremony.

Participants: Students, Faculty Members, and College Staff.

Programme Highlights:

Oath-Taking Ceremony: The central focus of the event was the solemn oath-taking ceremony, during which participants pledged their commitment to prioritize road safety.

Pledge Commitment: Participants took a formal pledge to follow road safety rules, practice safe driving habits, and promote responsible road behaviour.

Educational Workshops: Educational workshops were conducted to provide practical insights into road safety, including the consequences of reckless driving and measures to prevent accidents.

Visual Presentations: Visual presentations and demonstrations showcased the importance of seatbelt usage, helmet safety, and the risks associated with distracted driving.

K. V. Kulkarni
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Interactive Sessions: Participants engaged in interactive sessions, discussing their road safety concerns and sharing ideas for creating safer road environments.

Impact:

The "Road Safety Oath-Taking Ceremony" had a profound impact:

Heightened Awareness: Participants gained a deeper awareness of road safety issues, the importance of adhering to traffic rules, and the consequences of reckless driving.

Behavioural Change: The ceremony inspired positive behavioural changes, as participants committed to adopting safer driving and pedestrian habits.

Commitment to Road Safety: Participants made a formal commitment to prioritize road safety, actively contributing to safer roads within the college community.

Future Initiatives:

Building on the success of this event, the Student Forum intends to organize additional initiatives aimed at promoting road safety awareness and responsible driving practices among students and the broader community.

Acknowledgments:

We extend our sincere gratitude to all participants, including students, faculty members, and staff, for their enthusiastic participation in making the "Road Safety Oath-Taking Ceremony" a meaningful and impactful event.



K. N. N. N. N.
HO Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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We also appreciate the support of the college administration in facilitating this essential road safety initiative.

Conclusion:

The "Road Safety Oath-Taking Ceremony" effectively achieved its objectives by promoting road safety awareness, inspiring behavioural change, and fostering a commitment to responsible driving among participants. These outcomes reflect our commitment to creating safer roads and a responsible driving culture.



Waghmare
Principal

H/O Principal
Modern College of Computer Science & I.T.,
Aurangabad.

Asahie
Coordinator (ADC)

Co-ordinator
Modern College of Computer Science & I.T.,
Aurangabad.



MODERN COLLEGE OF COMPUTER SCIENCE & INFORMATION
TECHNOLOGY, AURANGABAD.

AFFILIATED TO DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY, AURANGABAD.



ATTENDANCE

Name of the Activity: Road Safety Path Taking Ceremony Guest Speakers: _____

Time: 9:00 am

Date: 17/August/2019

Class: BCA/BCS

Sr. No.	Student Name	Sign
1	Wankhede Anmol	Anmol
2	Nitesh Ingle	Abhyasa
3	Samadhan Pote	Dsamadhan
4	Ubale Vikas	Saikant
5	Vishal Gawai	Gevishal
6	Tribhuvan Kishor	Kishor
7	Ravi Awasthi	Ravi
8	Dattatray Kakde	Dattatray
9	Srinidhi Rahul	Srinidhi
10	Ramkishan Bawaj	Bawaj
11	Sahil Prashant	Sprashant
12	Ajay Ambhore	Ambhore
13	Manoj Ambhore	Manoj
14	Wankhede Buddhabhusan	Buddhabhusan
15	Anil Bawase	Anil
16	Sahil Pravin	Sahil
17	more vijay	Vijay
18		
19		
20		
21		
22		K. D. Aggarwal
23		MC Principal
24		Modern College of Computer Science & I.T., Aurangabad.
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28		



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Date: 19 April 2019

MCCSIT/Event 2019

CIRCULAR

Dear Staff Members,

This is to inform all staff members that the college has organized a Faculty Development Programme on the topic "Ayurved in Covid-19" by Dr. Mahesh Madan Rathod. The details of the programme are as follows:

- **Date:** 20th April 2019
- **Timing:** 11:00 AM
- **Mode:** Online (via Zoom link)

This programme aims to provide valuable insights into the application of Ayurveda in dealing with the challenges posed by the Covid-19 pandemic. Dr. Mahesh Madan Rathod, a renowned expert in the field, will share his expertise and knowledge during the session.

All staff members are encouraged to participate actively in this enlightening session. The Zoom link for the programme will be shared with you well in advance.

Thank you for your cooperation.

Kwaghmare

Best Regards,
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Ref. NO: MCCS2T/2019-20

INVITATION LETTER

To

Dr Mahesh Madan Rathod,

Ayurvedic Practitioner,

Aurangabad, 431001.

I hope this letter finds you well. On behalf of our college, it is with great anticipation and excitement that we extend an invitation to you for a one-day online session under our three-day Faculty Development Programme.

Topic: "Ayurved in Covid-19"

Date: 20th April 2019

Time: 11:00 AM

Platform: Zoom

We are honoured to have you as a distinguished speaker for this programme, and we believe that your expertise in the field of Ayurveda will provide valuable insights for our faculty and students. Your guidance is anticipated to significantly contribute to the holistic understanding of Ayurvedic practices, particularly in the context of the ongoing Covid-19 pandemic.

The session aims to explore the application of Ayurvedic principles in maintaining health and well-being during these challenging times. We are confident that your extensive knowledge and experience in Ayurveda will be instrumental in enriching the learning experience for all participants.

We sincerely hope you can join us for this session and share your insights. Kindly let us know if the proposed date and time are convenient for you.

Looking forward to your positive response and the opportunity to collaborate for this insightful session.

Kwaghmare

Warm regards,

HC Principal

Modern College of Computer Science & I.T.,
Principal, Aurangabad.

M. Rathod





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APPRECIATION LETTER

To

Dr Mahesh Madan Rathod,

Ayurvedic Practitioner,

Aurangabad, 431001.

I trust this letter finds you well. On behalf of our college, I want to extend our heartfelt appreciation for your outstanding contribution to our academic community through the online session on "Ayurved in Covid-19" conducted via Zoom on 20th April 2021 at 11:00 AM.

Your expertise and insights into the application of Ayurvedic principles during the Covid-19 pandemic were both enlightening and invaluable. The depth of knowledge you shared, combined with your engaging presentation style, made a significant impact on our students and staff.

The session's focus on Ayurvedic practices for maintaining health and well-being resonated well with our participants, and the positive feedback we have received reflects the importance and impact of your session. Your dedication to promoting holistic health, particularly during these challenging times, is genuinely appreciated.

We are grateful for your commitment to advancing our understanding of Ayurveda and its relevance in the current global health scenario. Your role in equipping our community with the knowledge to navigate these unprecedented times is truly commendable.

Once again, thank you for your time, commitment, and valuable contribution. We look forward to the possibility of collaborating with you again in the future.

Thank you for being an integral part of our educational journey.

K. Waghmare.
Warm regards,

Principal
JIC Principal
Modern College of Computer Science & I.T.,
Aurangabad.

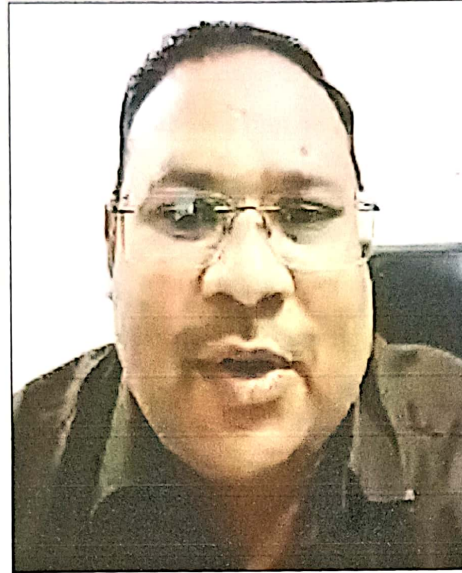
M. Rathod





Faculty Development Programme

Day - 3



Dr. Mahesh Madan Rathod

Ayurvedic Practitioner, Aurangabad

Online Session On

Ayurved in Covid-19

Organized By

Modern College

Of computer Science & Information Technology
(Affiliated to Dr. B.A.M.U. University, Aurangabad)

Date : April 20, 2019

Time : 11.00 AM

+91 93106 66657



Sahjivan Colony, Samarth Nagar, Aurangabad
Maharashtra - 431001

K. Jagtap
H/O Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Student Forum

ORGANIZED A PROGRAMME ON AYURVED IN COVID-19

Basic Details: Online Session on Ayurved in Covid-19

Date	Faculty	Department/committee	Coordinator Name & Phone no.
20 April 2019	Dr Sonal Ubale	Dr Sonal Ubale	Dr. Asmita Salve
	Dr. Asmita Salve	Dr. Asmita Salve	8767864719
	Prof Pradya Sonwane	Prof Pradya Sonwane	

Topic/ Subject of the activity	Ayurved in Covid-19
Objective for conducting the Activity	<ul style="list-style-type: none">• Increase awareness among participants about the essential information related to COVID-19, including transmission, symptoms, preventive measures, and vaccination.• Educate participants on the recommended safety protocols and guidelines issued by health authorities to prevent the spread of COVID-19, including proper mask usage, hand hygiene, and social distancing.• Address and dispel myths and misinformation surrounding COVID-19, ensuring participants have accurate and reliable information to make informed decisions about their health.• Encourage a sense of public health responsibility among participants, emphasizing individual actions' collective impact on community well-being.• Provide information and resources on maintaining mental health during the pandemic, addressing the psychological impact of COVID-19 and coping strategies.

Kwaghmare
H/O Principal
Modern College of Computer Science & I.T.,
Aurangabad.





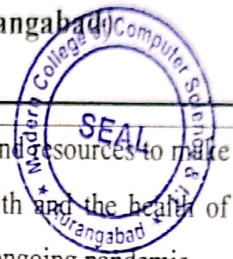
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- Empower participants with knowledge and resources to make informed decisions regarding their health and the health of those around them in the context of the ongoing pandemic.
- Encourage participants to get vaccinated against COVID-19, emphasizing the importance of vaccination in preventing severe illness and reducing the overall impact of the virus.
- Promote and educate participants on adopting and maintaining a healthy lifestyle, including proper nutrition, regular exercise, and sufficient rest, to enhance overall immunity.
- Foster a sense of community and mutual support among participants, encouraging them to share experiences, challenges, and strategies for coping with the effects of the pandemic.
- Equip participants with the knowledge and skills to adapt to future challenges related to COVID-19 or similar public health crises, promoting resilience and proactive health measures.
- Encourage participants to share accurate and responsible information about COVID-19 with their social circles, contributing to a broader dissemination of reliable health information.
- Address specific concerns or questions participants may have regarding COVID-19, ensuring a personalized and targeted approach to information dissemination.

Kwaghmare
IC Principal
Modern College of Computer Science & I.T.,
Aurangabad.





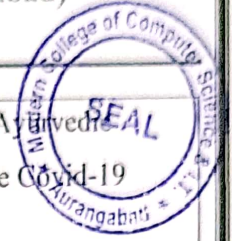
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- Participants gained a deeper understanding of Ayurvedic principles related to managing health during the Covid-19 pandemic.
- Increased awareness of Ayurvedic approaches to boost immunity and overall well-being in the context of the pandemic.
- Faculty members acquired practical skills in applying Ayurvedic practices for preventive health measures against Covid-19.
- Improved ability to integrate Ayurvedic principles into mainstream healthcare practices.
- Facilitated networking among participants, fostering collaboration and exchange of ideas within the Ayurvedic community.
- Strengthened connections between faculty members and experts in the field of Ayurveda and Covid-19 management.
- Encouraged faculty to engage in research related to Ayurvedic interventions for Covid-19.
- Promotion of innovative approaches to incorporate Ayurveda into the broader healthcare strategies during the pandemic.
- Provided insights for curriculum development, incorporating relevant Ayurvedic content into existing academic programs.
- Identified areas for improvement and adaptation of Ayurvedic teachings to address contemporary health challenges, particularly those posed by Covid-19.
- Participants actively disseminated gained knowledge through workshops, seminars, or publications, contributing to the wider understanding of Ayurveda's role in pandemic management.

K. Waghmare
VC Principal
Modern College of Computer Science & I.T.,
Aurangabad.





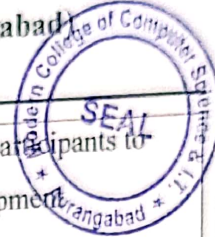
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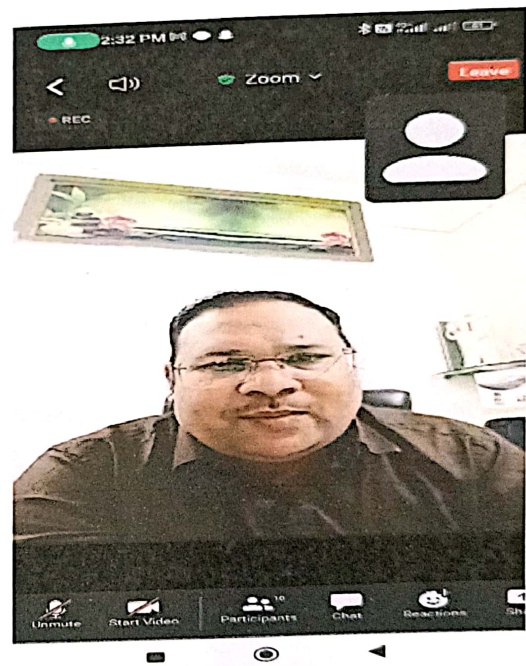
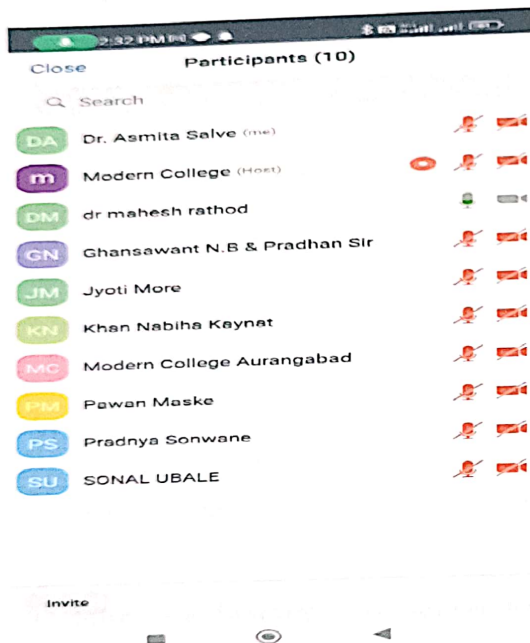
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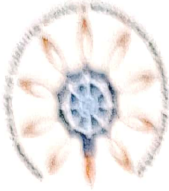


- Program organizers collected feedback from participants to assess the effectiveness of the Faculty Development Programme.
- Evaluated the impact of the program on participants' teaching methodologies and contributions to Ayurvedic research.



Online Session Ayurved in Covid -19

K. Waghmare
Principal
Modern College of Computer Science & I.T.,
Aurangabad.



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ACTIVITY ORGANISED REPORT

ACADEMIC YEAR 2019-2020

Report on Ayurveda in Covid -19



Executive Summary:

Modern College of Computer Science and Information was privileged to host an online lecture on "Ayurveda in COVID-19" by Dr. Mahesh Rathod on April 20, 2019, at 12:30 AM. Dr. Rathod, a distinguished expert in Ayurveda, shared valuable insights into leveraging traditional healing practices during the ongoing COVID-19 pandemic.

Programme Details:

- **Date:** April 20, 2019
- **Time:** 12:30 AM
- **Guest Speaker:** Dr. Mahesh Rathod
- **Topic:** Ayurveda in COVID-19

Programme Highlights:

- **Ayurvedic Principles:** Dr. Rathod elucidated fundamental Ayurvedic principles relevant to bolstering immunity and managing health during the challenges posed by COVID-19.
- **Holistic Approach:** The lecture highlighted the holistic approach of Ayurveda, encompassing physical, mental, and spiritual well-being in the context of the pandemic.
- **Interactive Learning:** The session fostered interactive learning through participant engagement, discussions, and the exploration of practical applications of Ayurvedic practices.

Key Elements of Effective Communication:

- **Clarity and Accessibility:** Dr. Rathod communicated complex Ayurvedic concepts with clarity, ensuring accessibility for participants with varying levels of familiarity with Ayurveda.

K. Waghmare
H/C Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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- **Engagement Strategies:** Interactive engagement strategies, including post-session discussions, were employed to maintain participant interest and enhance understanding.
- **Practical Application:** Emphasis was placed on practical application, providing valuable insights into incorporating Ayurvedic principles into daily life for better health.

Case Studies and Examples:

- Dr. Rathod presented case studies and real-life examples illustrating the positive impact of Ayurvedic practices in individuals managing their health during the pandemic.

Impact:

- Participants reported a positive impact on their understanding of Ayurveda's role in enhancing immunity and managing health during the COVID-19 crisis.

Future Initiatives:

- The college envisions organizing future initiatives that delve deeper into traditional healing practices, exploring the intersection of ancient wisdom and contemporary health challenges.

Acknowledgment:

- The college extends sincere gratitude to Dr. Mahesh Rathod for sharing his expertise and contributing to broadening the knowledge base of the college community.

Question and Answer Session:

- An engaging question and answer session provided participants with an opportunity to seek clarification and delve deeper into Ayurvedic principles.

K. K. Kulkarni

IC Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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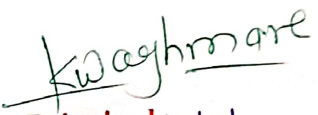
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Conclusion:

In conclusion, of Faculty Development Programme Dr. Mahesh Rathod's online lecture on "Ayurveda in COVID-19" enriched participants with valuable insights and practical knowledge, empowering them to integrate traditional healing practices into their lives. The impact of the session extends beyond the virtual space, fostering a community committed to holistic well-being.


Coordinator (ADC)
Co-ordinator
Modern College of Computer Science & I.T.,
Aurangabad.


Principal
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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MCCSIT/Event 2019

Date: 17 April 2019

CIRCULAR

Dear Staff Members,

We are pleased to inform you that Modern College of Computer Science and Information Technology has organized a Faculty Development Programme following are the details.

Details:

Date: April 19, 2019

Time: 12:00 PM

Topic: Fight Right with COVID-19

Speaker: Dr. Z.I. Patel

Mode: Online

Best regards,

Principal.

K. Waghmare
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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REF NO: MCCSIT/2020-21

INVITATION LETTER

To

Dr. Z.I. Patel,

Physician,

Aurangabad ,431001.

I hope this letter finds you well. On behalf of our college, it is with great enthusiasm that we extend an invitation to you for a three-day online session under our Faculty Development Programme.

Topic: "**Fight Right with COVID-19**"

Date: 19th April 2021

Time: 12:00 PM

Platform: Zoom

We are excited to host this session, which we believe will significantly contribute to the well-being of both our faculty and students. Your expertise in the field of healthcare and your understanding of the challenges posed by COVID-19 are highly regarded, and we are confident that your guidance will provide valuable insights for our academic community.

The three-day programme aims to comprehensively address various aspects related to combating COVID-19. Your session, in particular, focusing on fighting right with COVID-19, is expected to shed light on essential strategies, precautions, and practices that are crucial in the ongoing battle against the pandemic.

We sincerely hope you can honour us with your presence and share your insights during this Faculty Development Programme. Kindly let us know if the proposed date and time are convenient for you.

Warm regards,

Principal.

K. Waghmare
I/C Principal

Modern College of Computer Science & I.T.,
Aurangabad.

Z. I. Patel





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APPRECIATION LETTER

To

Dr. Z.I. Patel,

Physician,

Aurangabad, 431001.

I trust this letter finds you well. On behalf of our college, I want to extend our heartfelt appreciation for your outstanding contribution to our academic community through the online session on "Fight Right with COVID-19" conducted via Zoom on 19th April 2021 at 12:00 PM.

Your expertise and insights into combating COVID-19 were both informative and invaluable. The depth of knowledge you shared, combined with your engaging presentation style, made a significant impact on our students and staff.

The session's focus on fighting right with COVID-19 provided practical strategies and crucial information that our participants found immensely beneficial. Your dedication to promoting health and safety, particularly during these challenging times, was evident and truly appreciated.

We have received overwhelmingly positive feedback from both students and staff, highlighting the importance and impact of your session. Your commitment to advancing our understanding of COVID-19 aligns seamlessly with our educational goals, and we are genuinely grateful for your role in equipping our community with the knowledge to navigate these unprecedented times.

Once again, thank you for your time, commitment, and valuable contribution. We look forward to the possibility of collaborating with you again in the future.

Thank you for being an integral part of our educational journey.

Warm regards, *K. Jaghmoore*
I/C Principal
Principal,
Modern College of Computer Science & I.T.,
Aurangabad.

Z. I. Patel



Faculty Development Programme
Day - 2



Online Session On
FIGHT RIGHT WITH COVID-19
Organized By
Modern College

Of computer Science & Information Technology
(Affiliated to Dr. B.A.M.U. University, Aurangabad)



Dr. Zabeeuddin Imtiyazuddin Patel

(M.B.B.S)

Director & Consultant Chest Physician
Aurangabad

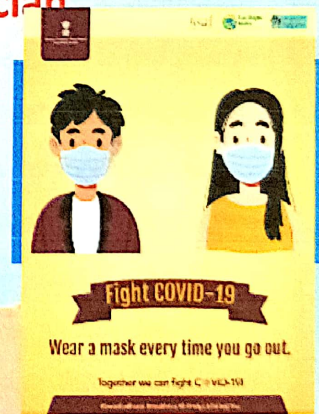
Date : April 19, 2019

Time : 12.00 PM

+91 93106 66657



Sahjivan Colony,
Samarth Nagar,
Aurangabad
Maharashtra - 431001



K. K. Kulkarni
Principal
Modern College of Computer Science & I.T.,
Aurangabad.

FIGHT COVID-19





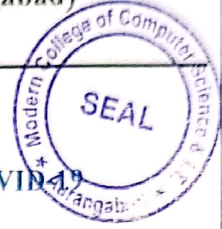
PARMITA EDUCATION SOCIETY

MODERN COLLEGE

OF COMPUTER SCIENCE & INFORMATION TECHNOLOGY

Reg. No. F-11895/"A'Bad"

(Affiliated to Dr. B.A.M.U. University, Aurangabad)



Student Forum

ORGANIZED A PROGRAMME ON FIGHT RIGHT WITH COVID-19

Basic Details: Online Session on Fight Right with Covid-19

Date	Faculty	Department/committee	Coordinator Name & Phone no.
19 April 2019	Dr Sonal Ubale	Dr Sonal Ubale	Dr. Asmita Sharad Salve
	Dr. Asmita Sharad Salve	Dr. Asmita Sharad Salve	8767864719
	Prof Pradnya Sonwane	Prof Pradnya Sonwane	

Topic/ Subject of the activity	Fight Right with Covid-19
Objective for conducting the Activity	<ul style="list-style-type: none">• Increase awareness among participants about the essential information related to COVID-19, including transmission, symptoms, preventive measures, and vaccination.• Educate participants on the recommended safety protocols and guidelines issued by health authorities to prevent the spread of COVID-19, including proper mask usage, hand hygiene, and social distancing.• Address and dispel myths and misinformation surrounding COVID-19, ensuring participants have accurate and reliable information to make informed decisions about their health.• Encourage a sense of public health responsibility among participants, emphasizing individual actions' collective impact on community well-being.• Provide information and resources on maintaining mental health during the pandemic, addressing the psychological impact of COVID-19 and coping strategies.

K. Waghmare
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





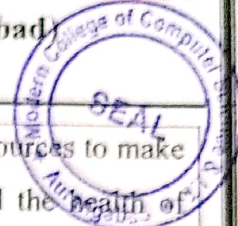
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- Empower participants with knowledge and resources to make informed decisions regarding their health and the health of those around them in the context of the ongoing pandemic.
- Encourage participants to get vaccinated against COVID-19, emphasizing the importance of vaccination in preventing severe illness and reducing the overall impact of the virus.
- Promote and educate participants on adopting and maintaining a healthy lifestyle, including proper nutrition, regular exercise, and sufficient rest, to enhance overall immunity.
- Foster a sense of community and mutual support among participants, encouraging them to share experiences, challenges, and strategies for coping with the effects of the pandemic.
- Equip participants with the knowledge and skills to adapt to future challenges related to COVID-19 or similar public health crises, promoting resilience and proactive health measures.
- Encourage participants to share accurate and responsible information about COVID-19 with their social circles, contributing to a broader dissemination of reliable health information.
- Address specific concerns or questions participants may have regarding COVID-19, ensuring a personalized and targeted approach to information dissemination.

Kwacyhmare

IC Principal

Modern College of Computer Science & I.T.,
Aurangabad.





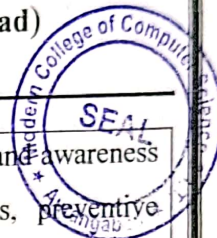
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Outcome

- Participants demonstrated increased knowledge and awareness about COVID-19, its transmission, symptoms, preventive measures, and vaccination.
- Participants adopted and consistently practiced recommended safety protocols, including proper mask usage, hand hygiene, and adherence to social distancing guidelines.
- Reduction in the prevalence of misinformation and myths related to COVID-19 among participants, indicating a more informed and accurate understanding of the virus.
- Participants exhibited improved public health practices, showcasing a sense of responsibility in contributing to community well-being through individual actions.
- Participants demonstrated an increased awareness of mental health issues associated with the pandemic, along with a greater understanding of coping strategies and available resources.
- Empowerment of participants to make informed decisions about their health, vaccination choices, and daily practices to navigate the challenges posed by COVID-19.
- Participants showed an increased willingness to get vaccinated against COVID-19, contributing to higher vaccination rates within the community.
- Participants adopted and maintained healthy lifestyle practices, including proper nutrition, regular exercise, and sufficient rest, leading to overall improved immunity.
- Formation of a stronger sense of community and mutual support among participants, fostering a collaborative approach to overcoming the challenges posed by the pandemic.

K. Jayaraman
HC Principal

Modern College of Computer Science & I.T.,
Aurangabad.





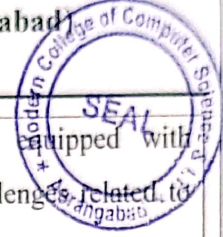
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MODERN COLLEGE

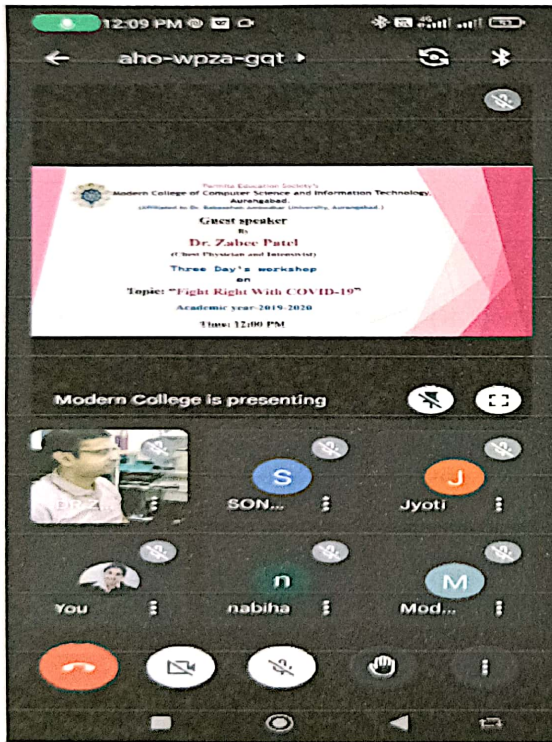
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- Participants exhibited enhanced resilience, knowledge and skills to adapt to future challenges related to COVID-19 or similar public health crises.
- Participants actively engaged in responsible information sharing within their social circles, contributing to a more widespread dissemination of accurate and reliable health information.
- Specific concerns or questions raised by participants during the activity were addressed, providing personalized and targeted information to meet individual needs.



Online session on Fight Right with Covid -19

K. Deghmane

IC Principal
Modern College of Computer Science & I.T.,
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ACTIVITY ORGANISED REPORT

ACADEMIC YEAR 2019-2020

Report on Fight Right with Covid -19

Executive Summary:

Under the Faculty Development Programme, Modern College organized an enlightening Guest Lecture featuring Dr. Z.I. Patel, M.BBS TDD, on the topic "Fight Right with COVID-19" on April 19, 2019, at 11:30 am. Dr. Patel's extensive expertise provided valuable insights into effectively navigating the challenges posed by the COVID-19 pandemic.

Programme Details:

- **Date:** April 19, 2019
- **Time:** 11:30 AM
- **Guest Speaker:** Dr. Z.I. Patel, M.BBS TDD
- **Topic:** Fight Right with COVID-19

Programme Highlights:

- **Comprehensive Overview:** Dr. Patel delivered a comprehensive overview of COVID-19, covering its transmission, symptoms, preventive measures, and the importance of a proactive approach.
- **Safety Protocols:** Emphasis was laid on adopting and promoting safety protocols, including practical guidance on proper mask usage, hand hygiene, and social distancing.
- **Holistic Health Approach:** The session highlighted a holistic health approach, incorporating physical, mental, and emotional well-being in the fight against COVID-19.

Key Elements of Effective Communication:

- **Clarity and Precision:** Dr. Patel communicated with clarity and precision, ensuring that complex medical concepts were accessible and comprehensible to all participants.

K. Waghmare
HC Principal
Modern College of Computer Science & I.T.,
Aurangabad.





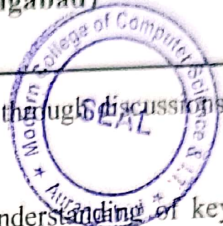
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- **Interactive Engagement:** The session encouraged active engagement through discussions, fostering a dynamic learning environment.
- **Visual Aids:** Visual aids and charts were utilized to enhance the understanding of key concepts, making the information more visually appealing and memorable.

Case Studies and Examples:

- Dr. Patel presented relevant case studies and practical examples, demonstrating the real-world applications of recommended strategies in the fight against COVID-19.

Impact:

- Participants reported an immediate positive impact on their awareness and understanding of effective measures to combat COVID-19, reflecting changes in behavior and practices.

Future Initiatives:

- The college envisions organizing future initiatives that build on the success of this programme, exploring advanced topics in public health and wellness.

Acknowledgment:

- The college expresses heartfelt gratitude to Dr. Z.I. Patel for his invaluable contribution and commitment to enhancing the knowledge base of the faculty members.

Question and Answer Session:

- An engaging question and answer session provided participants with the opportunity to seek clarification and deepen their understanding of the presented topics.

K. S. Kulkarni
IC Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Conclusion:

In conclusion, the Guest Lecture by Dr. Z.I. Patel was a resounding success, equipping faculty members with the knowledge and strategies necessary to navigate the complexities of the ongoing COVID-19 pandemic. The impact of the session extends beyond the immediate, fostering a culture of informed and responsible practices.

Asahne
Coordinator (ADC)
Co-ordinator
Modern College of Computer Science & I.T.,
Aurangabad.

K. K. Kulkarni
Principal
I/C Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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MCCSIT/Event 2019

Date: 16 April 2019

CIRCULAR

Dear Staff Members,

We are pleased to inform you that Modern College of Computer Science and Information Technology has organized a Faculty Development Programme following are the details.

Details:

Date: April 18, 2019

Time: 11:00 AM

Topic: Role of Yoga in Covid-19

Speaker: Dr. Neeta Padnavat

Mode: Online via Zoom

In these challenging times, understanding the role of yoga in promoting overall well-being, especially during the COVID-19 pandemic, is crucial. Dr. Neeta Padnavat, with her expertise, will guide us through the significance of incorporating yoga practices into our lives.

Please join the session through the provided Zoom link to gain valuable insights into the holistic benefits of yoga in managing health during the pandemic.

We look forward to your active participation in this enlightening Faculty Development Programme.

Kwaghmare.
Best regards,
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Ref. No: MCCSIT/2020-21

INVITATION LETTER

To

Dr. Neeta Padmavat

Medical Practitioner, Yoga Therapist

Pune, 411038.

I hope this letter finds you well. On behalf of our college, it is with great excitement that we extend an invitation to you for a one-day online session under our three-day Faculty Development Programme.

Topic: **"Role of Yoga in Covid-19"**

Date: 18th April 2021

Time: 1:30 PM

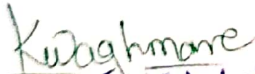
Platform: Zoom

We are thrilled to have you as part of this programme, which we believe will greatly benefit our faculty and students. Your expertise in the field of Yoga and its potential impact on physical and mental health during the Covid-19 pandemic is highly respected, and we are confident that your guidance will provide valuable insights for our academic community.

The one-day session will focus on the crucial role that Yoga can play in navigating the challenges posed by the ongoing pandemic. We believe that your extensive knowledge and experience in this area will be instrumental in promoting holistic well-being and resilience among our participants.

We sincerely hope you can honour us with your presence and share your insights during this one-day session.

Looking forward to your positive response and the opportunity to collaborate for this insightful session.


Warm regards,
Principal,
Modern College of Computer Science & I.T.,
Aurangabad.


Dr. Neeta Padmavat





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Ref. NO: MCCSIT/202021

APPRECIATION LETTER

To

Dr. Neeta Padmavat

Medical Practitioner, Yoga Therapist

Pune, 411038.

I trust this letter finds you in good health and high spirits. On behalf of our college, I want to express our sincere appreciation for your outstanding contribution to our academic community through the online session on "**Role of Yoga in Covid-19**" conducted via Zoom on 18th April 2021 at 1:30 PM.

Your expertise and insights into the profound impact of Yoga on physical and mental health, especially in the context of the ongoing pandemic, were both enlightening and empowering. The depth of knowledge you shared, coupled with your engaging presentation style, left a lasting impression on our students and staff.

The workshop's focus on the practical application of Yoga practices for well-being resonated well with our participants, and the positive feedback we have received reflects the valuable contribution your session made to our academic community.

Your dedication to fostering holistic health and well-being aligns seamlessly with our educational goals, and we are genuinely grateful for your role in advancing our understanding of this critical aspect, especially during these challenging times.

Once again, thank you for your time, commitment, and valuable contribution. We look forward to the possibility of collaborating with you again in the future.

Thank you for being an integral part of our educational journey.

K. K. Kulkarni
Warm regards,
Principal,
Modern College of Computer Science & I.T.,
Aurangabad.

P. Padmavat



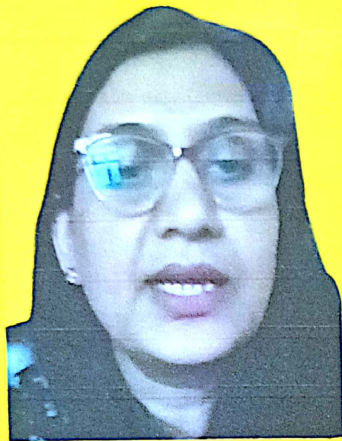
Online Session On
Role Of Yoga In Covid-19
Organized By



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Faculty Development Programme
Day - 1



Dr. Neeta Padmavat

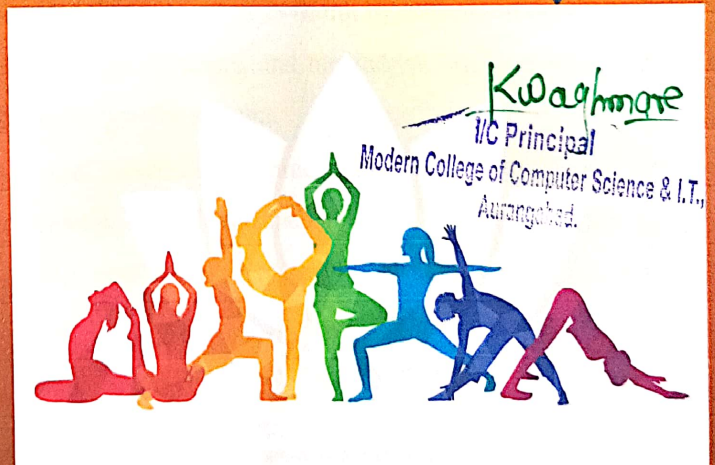
Medical Practitioner, Yoga Therapist



Date : April 18, 2019
Time : 11.00 Am



Sahjivan Colony,
Samarth Nagar,
Aurangabad
Maharashtra - 431001



+91 93106 66657





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Student Forum

ORGANIZED A PROGRAMME ON ROLE OF YOGA IN COVID-

Basic Details: Online Session on Role of Yoga in Covid -19

Date	Faculty	Department/committee	Coordinator Name & Phone no.
18 April 2019	Dr Sonal Ubale	Dr Sonal Ubale	Dr. Asmita Salve
	Dr. Asmita Salve	Dr. Asmita Salve	8767864719
	Prof Pradya Sonwane	Prof Pradya Sonwane	

Topic/ Subject of the activity	Role of Yoga in Covid -19
Objective for conducting the Activity	<ul style="list-style-type: none">• Increase awareness among staff members about the physical benefits of practicing yoga in managing and alleviating the impact of COVID-19.• Educate participants on the role of yoga in reducing stress, anxiety, and promoting mental well-being during the challenging times of the COVID-19 pandemic.• Communicate the understanding of how regular yoga practice can contribute to strengthening the immune system, aiding in better resilience against illnesses, including COVID-19.• Encourage a holistic approach to health by integrating physical postures, breathing exercises, and meditation, emphasizing the comprehensive benefits of yoga.• Empower staff members with practical tools for self-care and self-management through the incorporation of yoga practices into their daily routines.• Foster a sense of community and support among staff members by collectively engaging in an activity that promotes both physical and mental well-being.

Kuldeep M. Ar.
Principal
Modern College of Computer Science & I.T.,
Aurangabad.





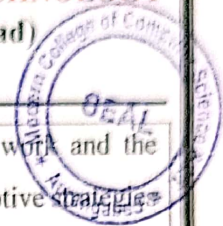
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- Address the challenges associated with remote work and the prolonged stressors of the pandemic, offering adaptive strategies through yoga for maintaining a healthy work-life balance.
- Provide education on specific yoga techniques that can be easily incorporated into daily schedules, making it accessible for staff members regardless of their prior experience with yoga.
- Encourage staff members to incorporate yoga as a regular practice, emphasizing its long-term benefits in building resilience against the physical and mental impacts of the pandemic.
- Highlight the positive effects of yoga on enhancing focus, concentration, and overall productivity, contributing to a more balanced and effective work routine.
- Cultivate a positive mindset and outlook by incorporating mindfulness and meditation practices, aiding in stress reduction and maintaining mental clarity.
- Communicate the impact of yoga on improving sleep quality, recognizing the importance of adequate and restful sleep-in overall health and well-being.
- Equip staff members with practical stress coping strategies derived from yoga practices that they can implement in real-time, particularly in the context of the ongoing challenges posed by the pandemic.

Kwaghmare
HC Principal
Modern College of Computer Science & I.T.,
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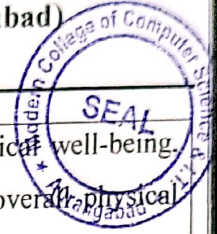
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Outcome

- Participants should experience improved physical well-being, including increased flexibility, strength, and overall health due to regular yoga practice.
- Participants should demonstrate a reduction in stress levels and an improvement in mental health, with increased mindfulness and a more positive outlook.
- Evaluate participants for any observable improvement in immune function, reflected in a decreased susceptibility to illness or quicker recovery from common ailments.
- Participants should showcase a holistic improvement in health, encompassing physical, mental, and emotional aspects, contributing to an overall sense of well-being.
- Assess whether participants have incorporated yoga into their self-care routines, demonstrating an increased commitment to personal health and wellness.
- Measure the sense of community and support among participants, evaluating whether the shared experience of practicing yoga together has fostered a supportive environment.
- Observe whether participants report improved adaptation to remote work challenges, including managing stress associated with the remote work environment.
- Evaluate participants' ability to apply specific yoga techniques into their daily routines, indicating the practical integration of yoga practices into their lives.
- Determine the number of participants who have continued yoga as a regular practice beyond the activity, indicating the sustained adoption of yoga into their lifestyles.

K. K. Kulkarni
HC Principal
Modern College of Computer Science & I.T.,
Aurangabad





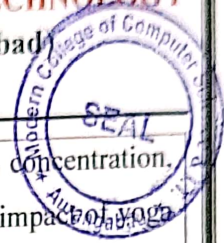
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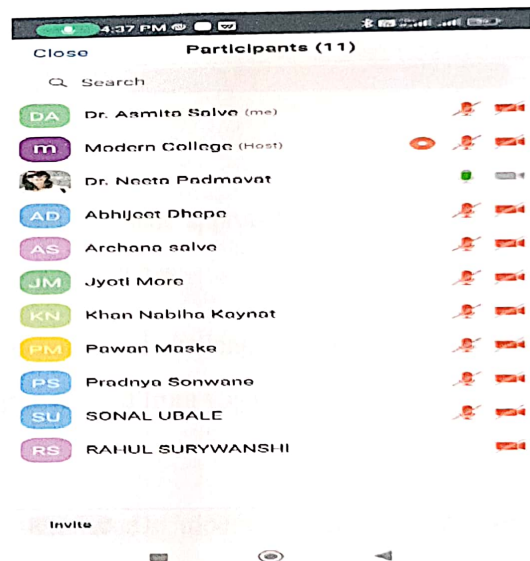
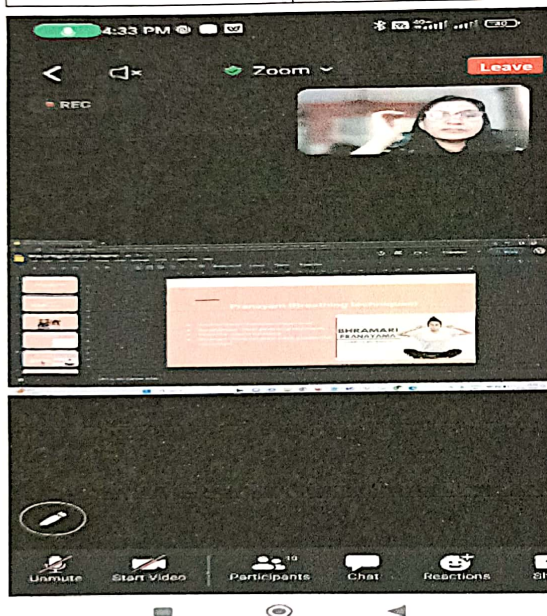
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- Assess participants for improvements in focus, concentration, and overall productivity, reflecting the positive impact of yoga on work-related tasks.
- Measure the cultivation of a positive mindset among participants, evidenced by a more optimistic outlook and effective stress management.
- Evaluate participants for any reported improvements in sleep quality, demonstrating the positive influence of yoga on better rest and recovery.
- Assess participants' ability to utilize stress coping strategies derived from yoga practices in real-time situations, demonstrating the practical application of learned techniques.



Online Session on Role of
Yoga in Covid -19

K. K. Kulkarni

Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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ACTIVITY ORGANISED REPORT

ACADEMIC

Report on Role of Yoga in Covid -19

Executive Summary:

The Faculty Development Programme on "Role of Yoga in Covid-19," held on April 18, 2019, with Dr. Neeta Padmavat, proved to be a transformative experience for staff members at Modern College. Dr. Padmavat, a Medical Practitioner and Yoga Therapist, shared invaluable insights into the pivotal role of yoga in navigating the challenges posed by the COVID-19 pandemic.

Programme Details:

Date: April 18, 2019

Time: 11:00 AM

Guest Speaker: Dr. Neeta Padmavat

Topic: Role of Yoga in Covid-19

Programme Highlights:

Holistic Approach to Health: Dr. Padmavat emphasized a holistic approach to health, intertwining physical, mental, and emotional well-being through yoga practices.

Adaptation Strategies for Remote Work: The session addressed challenges associated with remote work during the pandemic, offering adaptive strategies derived from yoga for maintaining a healthy work-life balance.

Mindfulness and Stress Reduction: Participants were introduced to mindfulness techniques and stress reduction practices, illustrating the immediate benefits of incorporating these into daily routines.

Customized Yoga for Covid-19: Dr. Padmavat shared tailored yoga routines designed specifically for managing the physical and mental impact of Covid-19, showcasing the adaptability of yoga practices.

K. D. Ghosh

H/O Principal

Modern College of Computer Science & I.T.,
Aurangabad.





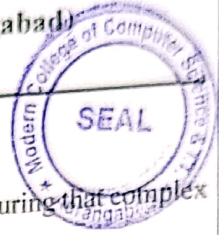
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Key Elements of Effective Communication:

Clarity and Precision: Dr. Padmavat communicated with clarity and precision, ensuring that complex concepts related to both medical and yogic aspects were accessible to all participants.

Interactive Engagement: The session encouraged active engagement through discussions, ensuring participants were actively involved in the learning process.

Multimodal Presentation: The integration of multimedia resources enhanced the understanding of yoga's role in managing Covid-19, catering to diverse learning preferences.

Case Studies and Examples:

Dr. Padmavat presented case studies illustrating the positive impact of yoga on individuals affected by or recovering from Covid-19, providing tangible examples of its efficacy.

Impact:

Participants reported an immediate impact on stress reduction and increased mindfulness, showcasing the immediate positive effects of the yoga session.

Future Initiatives:

Modern College is committed to organizing future initiatives that build on the success of this program, exploring advanced topics in yoga and its application in various aspects of life.

Acknowledgment:

The college extends gratitude to Dr. Neeta Padmavat for her expertise and dedication in enlightening staff members on the crucial role of yoga in the context of the Covid-19 pandemic.

Question and Answer Session:

The interactive question and answer session allowed participants to seek clarification and delve deeper into specific aspects of yoga and its application in the current scenario.

K. Umashankar
IC Principal
Modern College of Computer Science & I.T.,
Aurangabad.





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Conclusion:

In conclusion, the Faculty Development Programme on "Role of Yoga in Covid-19" with Dr. Neeta Padmavat was an enriching and enlightening experience. The session not only expanded the knowledge base of staff members but also instilled practical strategies for enhancing physical and mental well-being during these challenging times.

Mahve
Coordinator (ADC)
Co-ordinator

Modern College of Computer Science & I.T.,
Aurangabad.

Koaghmare
Principal

I/C Principal
Modern College of Computer Science & I.T.,
Aurangabad.